

Situations I Avoid



Circle all situations you tend to avoid.

Raising your hand in class

Being alone

Talking to authority figures

Going to the mall

Using public bathrooms

Doing your homework

Using elevators/escalators

Learning to swim

Going to a party

Calling someone on the phone

Talking to someone new at school

Other _____

Ordering your own food

Other _____

Trying out for a school play/musical

Other _____

Trying out for a sport

Other _____